

The Shepherd Program's Clinical Support Groups

- All group sessions are held at:
St. Mary's Home for Children
The Shepherd Program
420 Fruit Hill Ave.
North Providence, RI 02911
 - To make a referral please contact the Intake Coordinator:
Kate Baker LICSW at 401-353-3900 ext. 416
 - Please note that this is not a substitute for Individual therapy, but rather a Group opportunity to enhance therapy.
 - All potential group members will be asked to participate in a group screening to ensure that the group will best meet their clinical needs.
 - We accept Blue Cross, Neighborhood Health Plan of RI & United Health Care for group payment. Clients are responsible for any co-payments or deductibles issued by their insurance.
 - Other payment options include: DCYF 005 & Self pay of \$30 per session (plus \$30 cost for group screening/intake session).
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The Shepherd Program's Clinical Support Groups

"Families Impacted by Sexual Abuse" Clinical Support Group

Formerly "Non-Offending Parent" (NOP) group

The Families Impacted by Sexual Abuse Support Group is designed to provide peer support and education to parents and caretakers of children and teens that have been sexually abused. The Group Leaders use the Families Impacted by Sexual Abuse Curriculum, created by clinicians at The Shepherd Program, which was recently revised to include current best practices in treating and supporting survivors and their families. Clinical benefits of this group include peer support and psychoeducation regarding topics such as sexual abuse impacts, parenting strategies, trauma impacts on the brain, and treatment needs of survivors.

Open referrals. A start date will be scheduled when there are enough members to participate in the group. All referrals go through the Intake Coordinator, at 353-3900 Ext. 416.

"Hope for Healing: A Clinical Support Group for Adult Female Trauma Survivors"

This ongoing group is led by a Licensed Clinical Social Worker and focuses on support and psycho-education for adult women who are survivors of trauma. When you have experienced a traumatic event in your life, for example physical abuse, sexual abuse/assault, childhood severe neglect/abandonment or domestic violence, it is helpful to talk with other people who are facing similar challenges.

Open referrals. New members are accepted when there is an opening in the current group, and with enough referrals, another group may be started. All referrals go through the Intake Coordinator, at 353-3900 Ext. 416.

Current group meets on Tuesdays from 10:30-12.

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"Hope for Healing": A Clinical Support Group for Teen Survivors of Sexual Abuse

This 8 week group focuses on helping teen girls to increase their basic knowledge about sexual abuse and sexual trauma. Participants will learn positive coping skills, how to develop a healthy self-esteem and experience positive peer interaction.

Open referrals. A group will be formed when there are enough referrals. All referrals go through the Intake Coordinator, at 353-3900 Ext. 416.

"My Life, My Choice" Group

This 10 session group is designed to empower youth to protect themselves from the commercial sex industry and its perpetrators. The group explores what makes a healthy relationship and how to develop a healthy self-esteem. It provides a model for positive interaction with peers, medical professionals, law enforcement officers, and survivors. The average age range for the group is 12-18, and clients do not need to have a sexual abuse history to benefit from this group.

Open referrals. A group will be formed when there are enough referrals. All referrals go through the Intake Coordinator, at 353-3900 Ext. 416.

Clinical Support Group for Children Affected by Sexual Abuse

This group focuses on helping children to better cope with the impact of sexual abuse and trauma. Basic knowledge about the impact of sexual abuse is provided. Children learn positive coping skills and how to develop healthy boundaries with others.

Open referrals. A group will be formed when there are enough referrals. All referrals go through the Intake Coordinator, at 353-3900 Ext. 416.